

- Watch Leicester Tigers
- Walk the dog
- Spend time with my family
- Yoga

# Things I do when I am Sad:

- Yoga
- See friends

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#### My Likes:

- Working/children and animals
- Going on holidays
- Seeing Friends

Name: Mrs Carlton

Year Group I Teach: YR

Days I teach: Mon-Fri

#### My Dislikes:

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Place I go to, to make me feel Calm:

- The Lake district

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Things I do when I am

Нарру:

-Smile

-Laugh





- Running
- Swimming
- Cycling
- Diving
- Skiring

Things I do when I am Sad:

- Run (lots)
- \_

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# My Likes:

- Reading
- Cinema
- Travelling

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Year Group I Teach: YI

Days I teach: Mon-Wed

#### My Dislikes:

- Cooking
- Frogs

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Place I go to, to make me feel Calm:

- Beach

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- Run (lots)
- \_





- Art
- Movies
- Reading
- Lating
- Dancing

# Things I do when I am Sad:

- Listen to sad songs
- \_



# My Likes:

- Chocolate
- Family

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Year Group I Teach: Yl

Days I teach: Wed-Fri

#### My Dislikes:

- lidying up
- Rudeness

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Place I go to, to make me feel

- Bed

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# Things I do when I am Happy:

- Dance
- Sing





- Music
- Play the Cello
- Art
- Walking

#### Things I do when I am Sad:

- Listen to music
- Call a friend

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# My Likes:

- Everyone in school
- Bread
- Interesting Cheese
- Giraffes

Name: Mrs Watson

Year Group I Teach: Y2

Days I teach: Mon-Fri

#### My Dislikes:

- Eggs
- Ants

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Place I go to, to make me feel Calm:

- Peterborough Cathedral
- Cliffs over the sea

Things I do when I am Happy:

- Dance
- Sing





- Going on walke
- Shopping
- -
- \_
- -

#### Things I do when I am Sad:

- Listen to music
- Cuddles with my children



# My Likes:

- Chocolate
- My Children

-

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Year Group I Teach: Y3

Days I teach: Mon-Fri

# My Dislikes:

- Mustard

\_

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# Place I go to, to make me feel Calm:

- The seaside

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# Things I do when I am Happy:

- Go out for dinner





- Reading
- Walking
- Eating good food
- Drinking good wine
- Travelling

Things I do when I am Sad:

- Cry
- Have hugs

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# My Likes:

- Good Food
- Good Wine

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Year Group I Teach: Y4

Days I teach: Mon-Fri

#### My Dislikes:

- Liver (in foods)
- Broad beans

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Place I go to, to make me feel Calm:

- My Home
- My Garden

- Sing
- Smile
- Laugh





- Going to music gigs
- Going on walks
- Yoga
- Making new meals
- Swimming with my little girl

Things I do when I am Sad:

- Have a relaxing bath
- Listen to music
- Watch my favourite movies



#### My Likes:

- The 1975 band
- Jam
- Trying new foods
- Watching Netflix

Name: Mrs Grant

Year Group I Teach: Y5

Days I teach: Mon-Fri

#### My Dislikes:

- Ünkindness
- Very spicy food
- Eating Meat/Dairy



Place I go to, to make me feel Calm:

- My bed
- The woods
- The seaside

- Spending time with my family
- Dance to The 1975
- Sing





- Reading
- Running
- Going to the Theatre
- Zumba

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Things I do when I am Sadi

- Talk to my family
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# My Likes:

- Koalas
- Pizza
- Taylor Swift

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Name: Mrs Johnson

Year Group I Teach: Y6

Days I teach: Mon-Wed

#### My Dislikes:

- Spiders
- Brussel Sprouts
- People who are rude!

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Place I go to, to make me feel Calm:

- The Garden
- \_

- Watch Films
- Spend time with my family





- Family Time
- Reading
- TAKE THAT
- \_
- -

# Things I do when I am Sad:

- Listen to music
- -



# My Likes:

- Chocolate
- Gary Barlow
- Wine

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Year Group I Teach: Y6

Days I teach: Wed-Fri

#### My Dislikes:

- Spiders
- Rudeness
- \_
- \_



Place I go to, to make me feel Calm:

- My Garden
- The Beach

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Things I do when I am Happy:

- Spending time with my friends-

